



SPÓRT  
ÉIREANN  
CÓITSEÁIL

SPORT  
IRELAND  
COACHING

HOW TO SAY

#THANKS  
COACH

AT NGB, CLUB  
INDIVIDUAL LEVEL

## NGB RECOGNITION AND AWARDS

- ◆ Do you post on social media thanking your coaches for their hard work?
- ◆ Could your athletes thank their coaches on their social media platforms or sponsor them for awards?
- ◆ Do your coaches have a space to thank the coach developers who train and support them?
- ◆ Promote your coaches in all areas of your sport coverage – gender, sport equity, equality, diversity, children and adults, people with disabilities, coach developers, referees, different disciplines.
- ◆ Do your coaches feel included, valued and respected?

### How can you help your coaches?

- ◆ **Skills** – How can they continue to learn, develop and improve? Where and how are they supported to do this?
- ◆ **Supports and community** – do they have a community of practice and support system to discuss coaching?
- ◆ **Workshops** – Are there activities where they can meet new people and further advance their knowledge and skills?
- ◆ **Financial help** – Can they be assisted financially or supported by the NGB

## CLUBS

- ◆ Do you create times and spaces for thanks each week in your club?
- ◆ Do you include thanks to the coach in your weekly communication?
- ◆ Do you highlight who the coaches are and why they are involved via your social media or website etc.
- ◆ Do you regularly text and check in with them to see if they are ok?
- ◆ Do you thank your coaches at the AGM, with special events or on social media?
- ◆ Do the coaches need other supports - to travel, scheduling, equipment, assistants etc.?
- ◆ Do they need help with more volunteers to keep the session and organising of the session running smoothly?

## COACHES

- ◆ Does your coach need some help with organising and delivering sessions?
- ◆ Does the coaches have anywhere to go in the club to address issues they may be having?
- ◆ Does your coaches feel respected, valued and listened to?

