

OFFALY SPORTS PARTNERSHIP

2024 SUMMER PROGRAMME FOR TEENAGERS & CHILDREN FROM 7YRS+

**OFFALY
SPORTS
PARTNERSHIP**
— SPORT IRELAND —



All Activities in R35 T1H5
Ballycumber Activity Centre (AC),
Community Hall (CH),
GAA Pitch (PIT)

FURTHER INFORMATION

- Programme starts the week of Monday 24th June
- Programme will run for 6 weeks finishing the week of 29th July (Individual programmes are subject to numbers attending)
- **No booking Required, just show up** • **Bring Water, Sunscreen, Lunch**

Boxercise (AC) Mondays
12.30pm - 1.30pm
Teenagers

Pickleball (CH) Mondays
2.00pm - 3.30pm
Teenagers and Children

Dance (CH) Tuesdays
11.00am - 11.30am Children 7yrs+
11.30am - 12.00pm Teenagers

Badminton (CH) Tuesdays
12.00pm - 1.00pm
Teenagers and Children

**Teenagers Dodgeball (AC)
Tuesdays**
2.00pm - 3.30pm Teenagers

Injury Prevention (CH) Wednesdays
Learn the correct technique when following
S&C training plans
12.00pm - 1.00pm Teenage Girls
1.00pm - 2.00pm Teenage Boys

**Boys Futsal / Soccer (AC)
Wednesdays**
2.30pm - 3.30pm Teenagers

**Girls Futsal / Soccer (AC)
Thursdays**
12.00pm - 1.00pm Teenagers

**Rounders / Frisbee
Thursdays**
2.00pm - 3.00pm Teenagers

**Contact Denise
on 086 7912513
for further enquires**